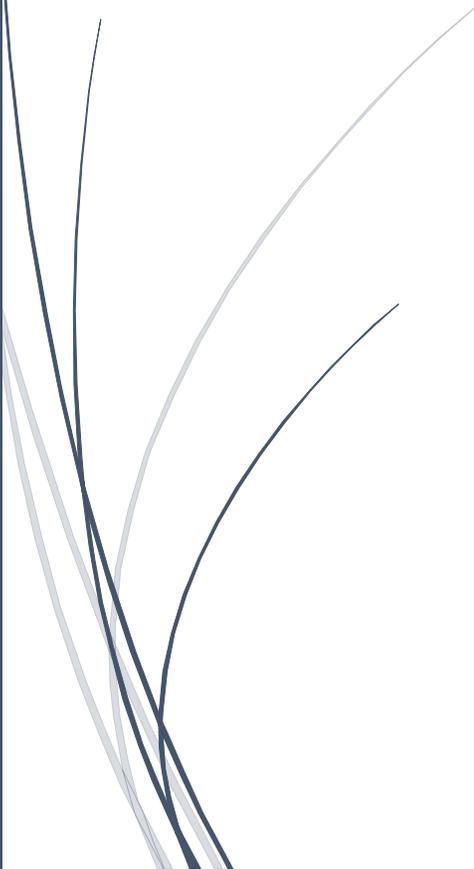




2015

LAWRENCE COUNTY

COMMUNITY HEALTH ASSESSMENT



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LAWRENCE COUNTY COMMUNITY HEALTH ASSESSMENT
2015

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INTRODUCTION

In the most recent county health rankings by the Robert Wood Johnson Foundation, Lawrence County ranked 88th out of 88 counties in health outcomes. The purpose of this community health assessment was to help identify needs and issues of Lawrence County. These results will be used to plan and implement programs to help improve the health of residents as well as public and private health services.

Community Health Assessment Coalition Information

The Lawrence County Community Health Assessment Coalition is comprised of members from the following agencies/community groups: Lawrence County Health Department (lead agency), City of Ironton Health Department, CAO Medical Clinics, Our Lady of Bellefonte Hospital, Lawrence County Early Childhood Academy, Family Guidance Center, St. Mary's Hospital, Appalachian Family and Children First Council, The Ohio State Extension, Ohio State Extension, Wellness Coordinator employed by county commissioners, and the director of Ironton aLive.

The Lawrence County Community Health Assessment Coalition met for the first time in January 2015 to begin the process of working on a community health assessment survey. Over the next several weeks, the coalition looked at surveys other county health departments had used as well as the Behavioral Risk Factor Surveillance System (BRFSS) conducted by the CDC (Centers for Disease Control and Prevention to come up with a survey to use. Questions from these surveys, as well as questions some coalition members needed for their respective agencies, were used for the Lawrence County Community Health Assessment.

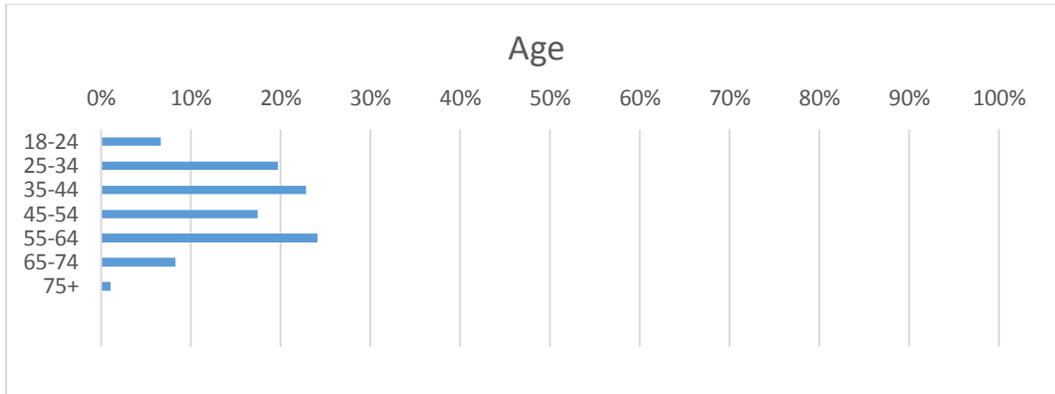
Data was collected online via Survey Monkey. A link was provided on Lawrence County Health Department's website and was also added to the health department's Facebook page as well as other partners' Facebook pages. In addition, the survey was also available in paper form with copies at Lawrence County Health Department, City of Ironton Health Department, and in partners' agencies. Those responses were manually entered in Survey Monkey. In addition, LCHD staff collected information at several health fairs in the county. Data was collected during the months of May and June 2015. Interesting to note, most surveys were done through the links on Facebook pages.

DEMOGRAPHICS

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Age

The highest percentage of respondents (24.07%) were between 55-64 years of age, 22.8% were 35-44, 19.71% were 25-34, 17.43% were 45-54, 8.30% were 65-74, 6.64% were 18-24, and 1.04% were 75 or older.



Gender

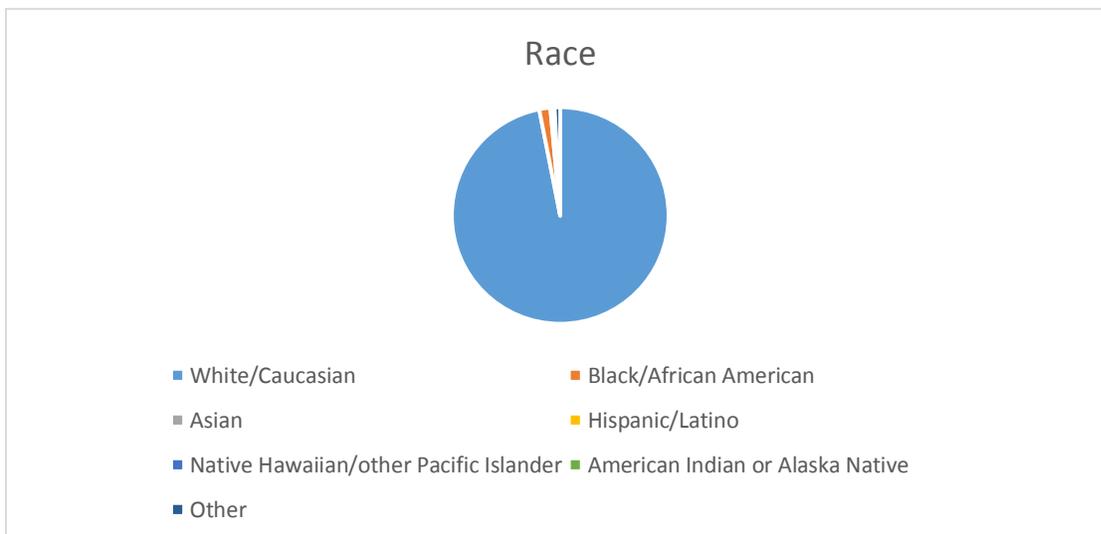
A higher percentage of females completed the survey (84.02%) than males (15.98%).

Marital Status

Most respondents were married (60.17%), 19.5% were single, 14.11% were divorced, 3.73% were widowed, and 2.49% were unmarried but living with a partner.

Race

The majority of respondents identified as being white, which reflects demographics obtained from Lawrence County Quick Facts at census.gov. Races identified were as follows: white 97.1%, black/African-American 1.66%, Asian 0.21%, Native Hawaiian/other Pacific Islander 0.21%, and 4 people (0.83%) listed "other" as their race. Responses included "European American", "mixed", "American and proud of it", and "Tax-Paying American Citizen".



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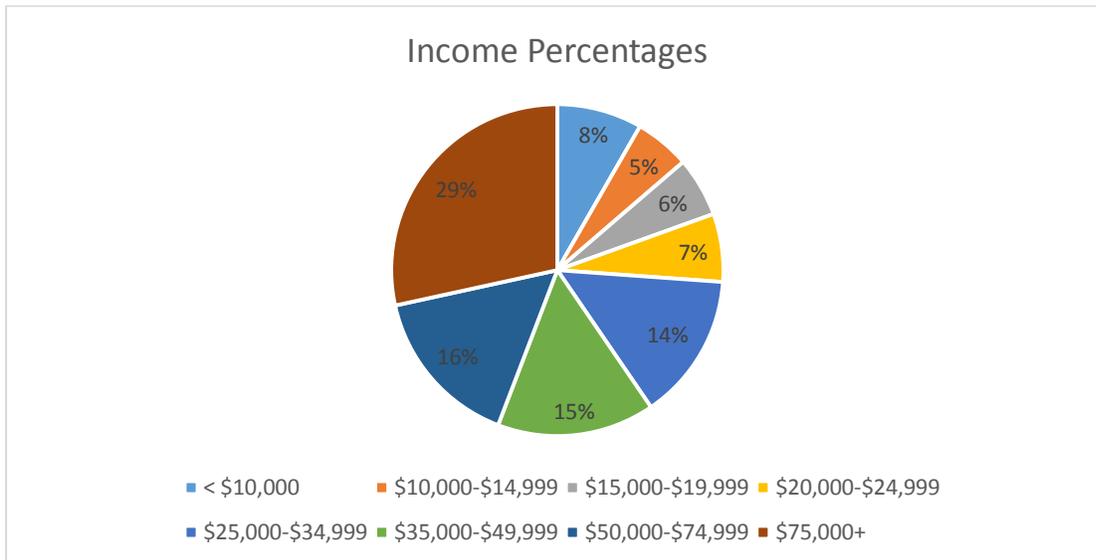
Education

Responses to the question “What is the highest grade or year of school have you completed?” were as follows:

Elementary school (grades 1-8) – 0.83%	Associate's Degree – 17.63%
Some high school, but did not graduate – 1.87%	Bachelor's Degree – 20.75%
High school graduate or GED – 16.80%	Master's Degree – 9.54%
Vocational/trade school – 8.09%	Doctorate – 1.66%
Some college, no degree – 22.41%	Post-doctoral – 0.41%

Income

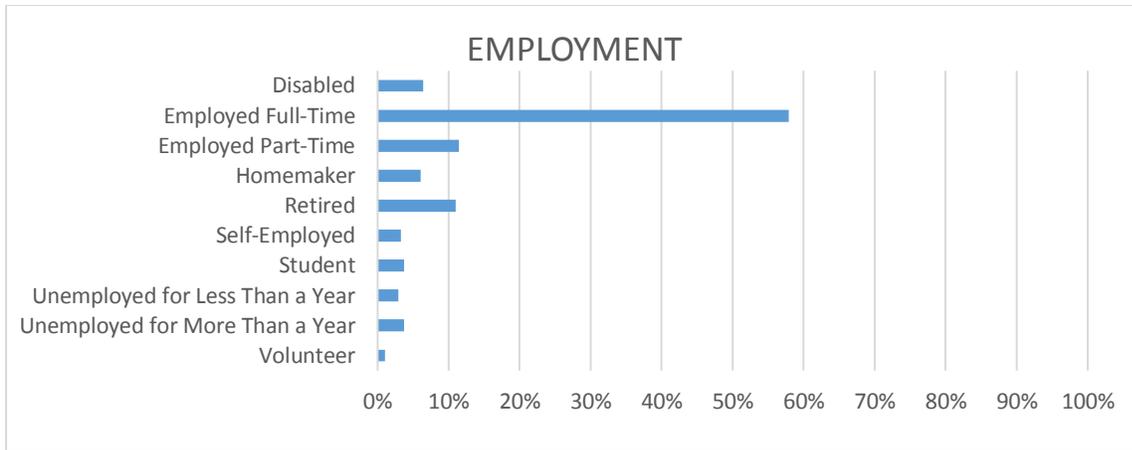
The chart below shows the break-down for respondents’ income.



Work Status

More than half (57.88%) of the respondents listed full-time employment as their work status, 11.41% listed part-time employment, 11.0% were retired, 6.43% said they were disabled, 6.02% were homemakers, 3.73% were students, 3.73% had been unemployed for less than one year, 2.60% had been unemployed for more than a year, 3.32% were self-employed, and 1.04% were volunteers.

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Military

Just 0.62% of respondents identified as being active in the military while 99.38% responded as not active in the military.

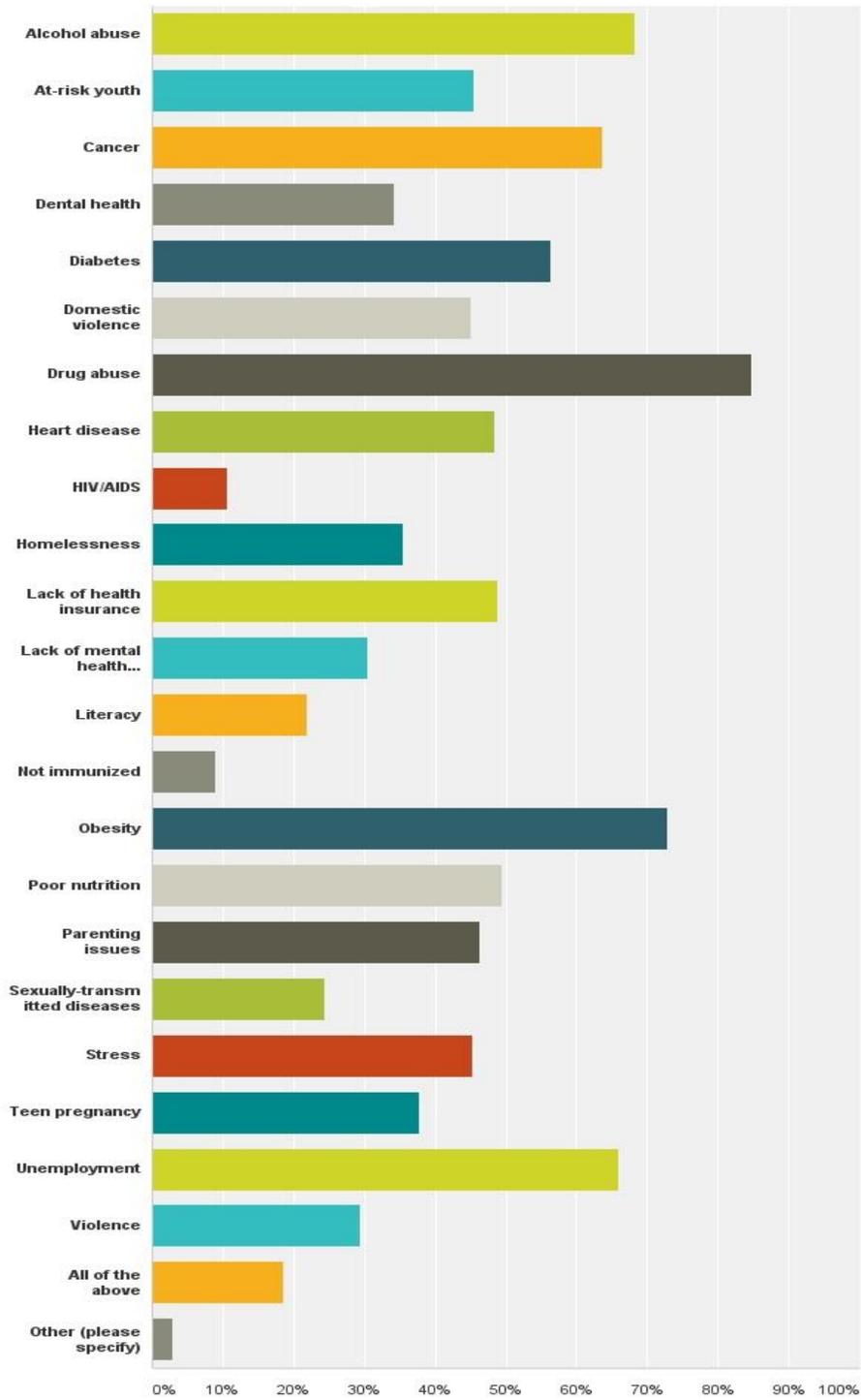
General Health

A total of 83.87% reported their health as excellent (8.83%), very good (35.98%), and good (39.07), while 12.8% reported their health as fair, and 3.31% reported their general health as poor.

What issues do you think affect our community?

An overwhelming number (84.77%) of respondents listed drug abuse as an issue that affects our community. The next four top issues include obesity (72.85%), alcohol abuse (68.21%), cancer (63.58%), and unemployment (66%).

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Other responses to this question included: no fathers with children, corrupt politics, prostitution, long-term mental health/drug rehab facilities, lack of resources to pay for prescription medication, simple answer: sin/no Jesus, education on Hepatitis C, arthritis, single parent households, lack of indoor swimming option for exercise, ignorance, lack of exercise, and lack of good paying jobs.

What issues affect you or your family?

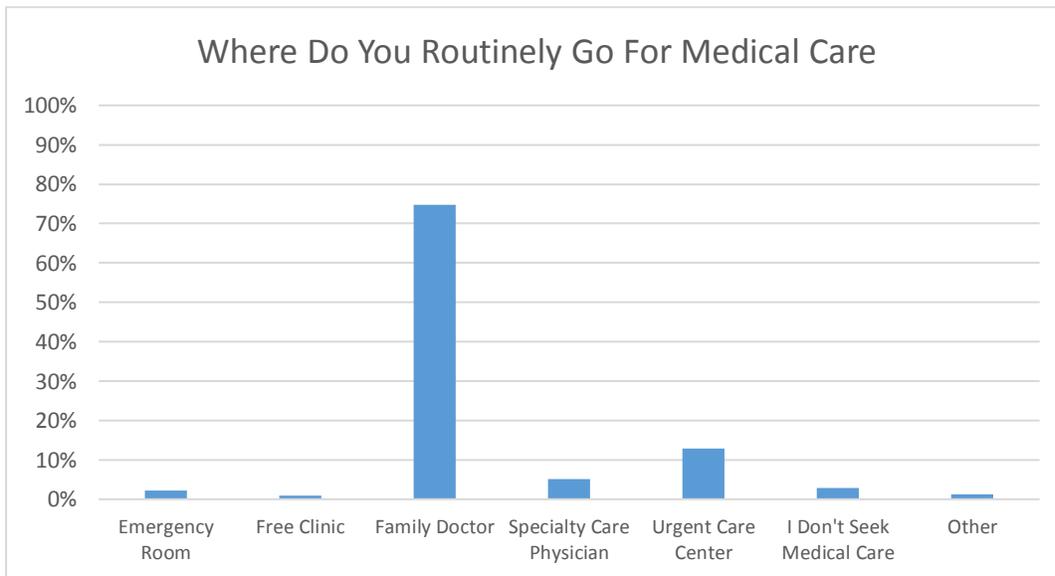
The top 5 issues identified for this question were stress (38.85%), diabetes (32.67%), obesity (28.7%), heart disease (22.96%), and cancer (22.3%).

Is anyone in your household unable to read or write?

Twenty one (4.64%) of respondents answered “yes” to this question, and the remaining 95.36% answered “no”.

Where do you routinely go for medical care?

Most respondents (74.83%) reported going to their family physician for medical care, 12.8% said they go to an urgent care center, 5.08% said they go to a specialty care physician, 2.87% said they don't seek medical care, 2.21% said they go to an emergency room, 1.3% chose “other” as their answer, and 0.88% said they go to a free clinic.



Other answers to this question included VA (3 responses), CAO Clinics (1 response), KDMC Clinic (1 response), and gynecologist (1 person).

Have you visited your family physician in the last year?

Most people (80.35%) answered “yes” to this question, while 19.65% had not visited their family physician this year.

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Have you visited a dentist in the last year?

Most people (65.78%) had visited a dentist in the last year; 34.22% had not seen a dentist in the last year.

Have you visited an eye doctor in the last year?

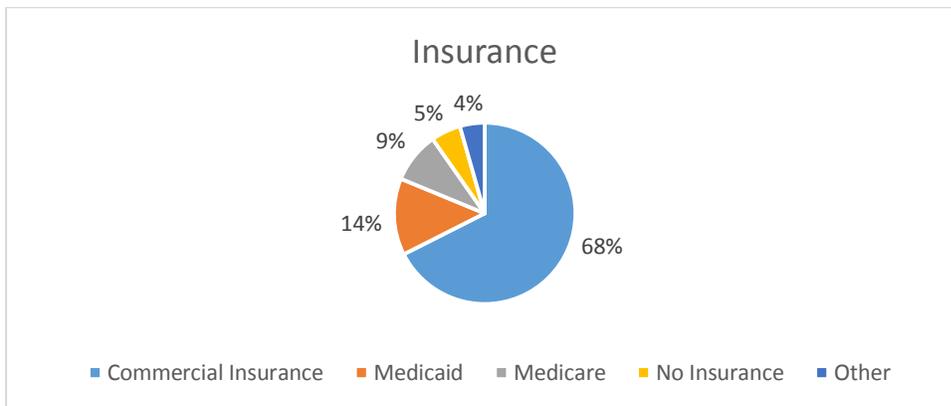
Just over half (52.98%) of the respondents reported they had visited an eye doctor in the last year, 47.02% had not.

When you or your family need medical/dental/behavioral health care, which of the following are usually a problem?

The top 5 responses for this question included cost (32.89%), no insurance or poor coverage (19.21%), office or clinic hours (14.57%), unable to take time off from work (14.57%), and no available appointment (8.83%).

What type of medical insurance do you have?

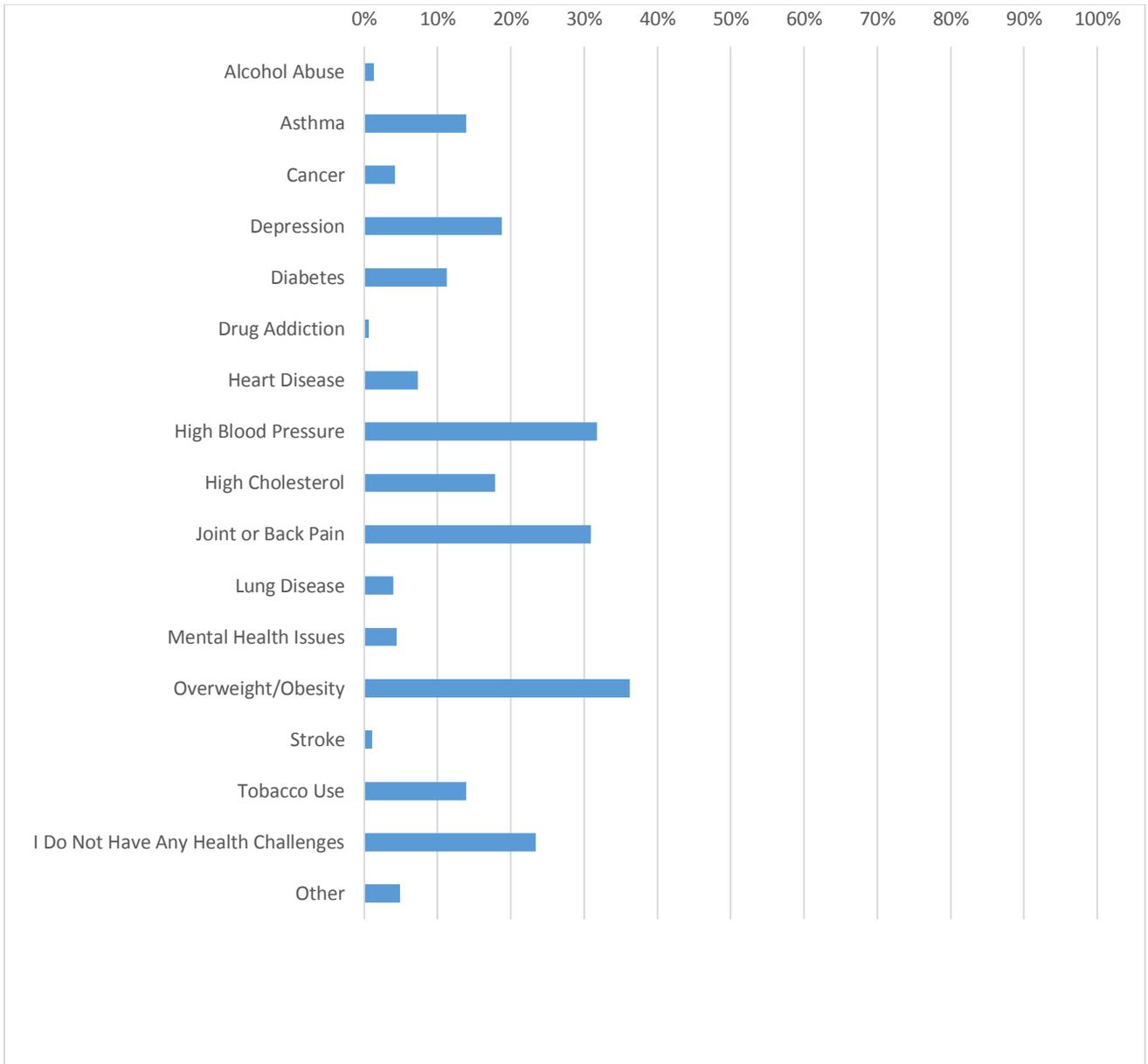
Most people (67.55%) said they have commercial insurance, 13.69% listed Medicaid, 9.05% said they have Medicare, and 5.3% of respondents said they have no insurance. Other responses included Teachers Retirement Insurance, Commercial Insurance and Medicaid, Medicare Advantage, Agency Insurance, United Health, and Blue Cross/Blue Shield.



Do you have any of the following health issues?

Obesity was listed by most respondents (36.2%) as a personal health issue, which corresponds with the latest County Health Rankings by the Robert Wood Johnson Foundation. The top four health issues listed (following obesity) were joint/back pain (30.91%), high blood pressure (31.79%), depression (18.79%), and high cholesterol (17.88%).

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Other response included fibromyalgia, thyroid disease, celiac disease, pseudotumor cerebri, effects from post-polio, Vitamin deficiency, and headache.

Has a doctor ever told you that you have had, or are at risk of developing, any of the following:

Diabetes 21.18%

Stroke 5.24

High blood pressure 14.12%

Other 1.14%

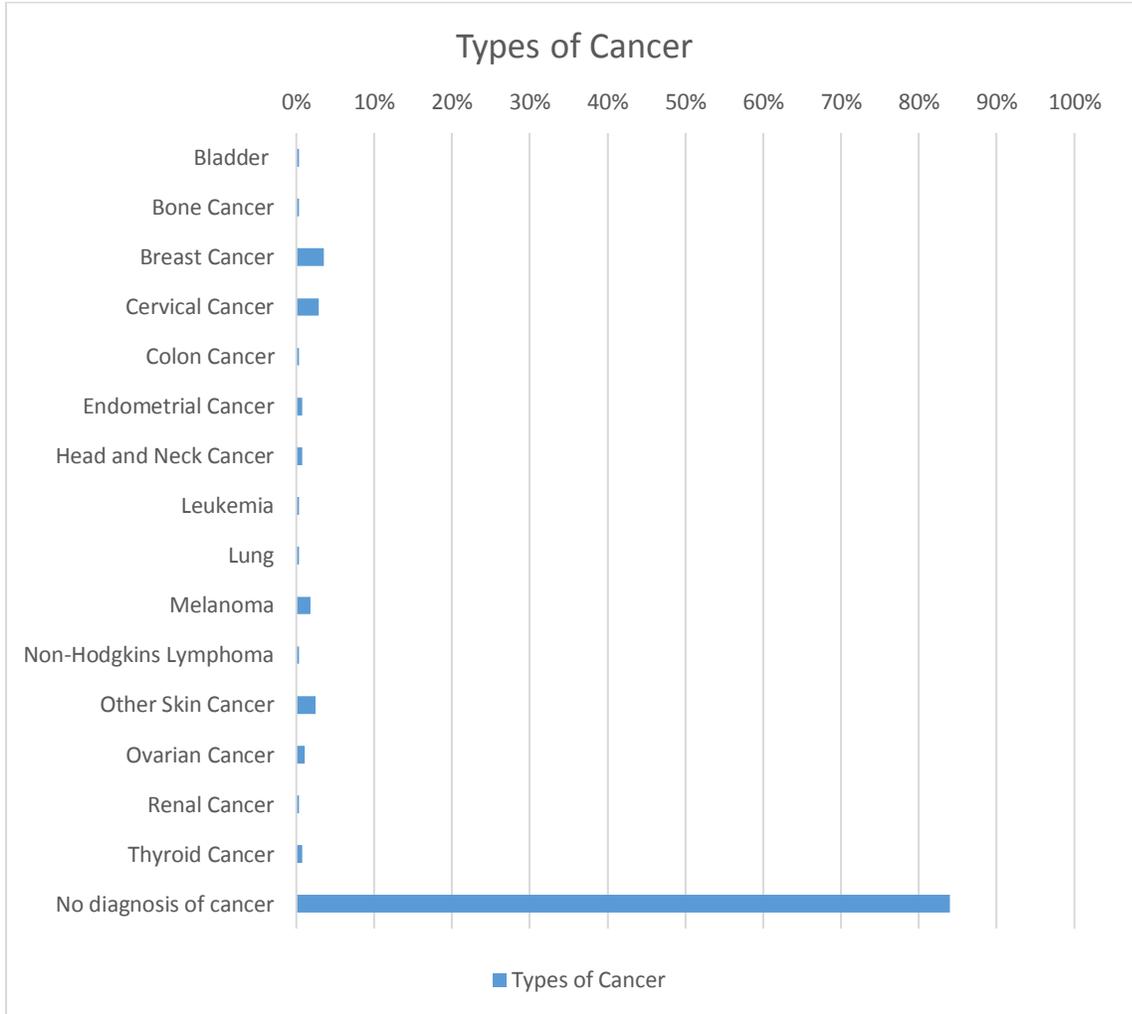
High cholesterol 36.45%

Other responses included COPD, SVT, autoimmune disease, and stents.

Has a doctor ever told you that you have cancer?

Of the respondents, 9.93% indicated they had been told they had cancer; 90.07% had not.

What type cancer were you diagnosed with?



Bladder cancer 0.36

Head & neck cancer 0.71%

Other skin cancer 0.25%

Bone cancer 0.36

Leukemia 0.36%

Ovarian cancer 1.07%

Breast Cancer 3.56

Lung cancer 0.36

Renal cancer 0.36%

Cervical Cancer 2.85%

Melanoma 1.78%

Thyroid cancer 0.71%

Colon Cancer 0.36%

Non-Hodgkin's Lymphoma
0.36%

No diagnosis of cancer
83.99%

Endometrial Cancer 0.71%

Have you sought mental health or drug abuse counseling in the last six months?

The majority (95.36%) of respondents said they had not sought mental health or drug abuse counseling in the last six months. 4.64% said they had.

Responses to the question, “If you sought mental health or drug abuse counseling in the last six months, did you get an appointment” were as follows:

Immediately – 36.36%

Within two weeks – 13.64%

Within one week – 9.09%

Longer than two weeks – 40.91%

If you received mental health or drug abuse counseling in the last six months, do you feel it helped?

Of those respondents who received mental health or drug abuse counseling in the last six months, 68% indicated it had helped; 32% responded that it did not help.

During the last 12 months, have you had thoughts of suicide?

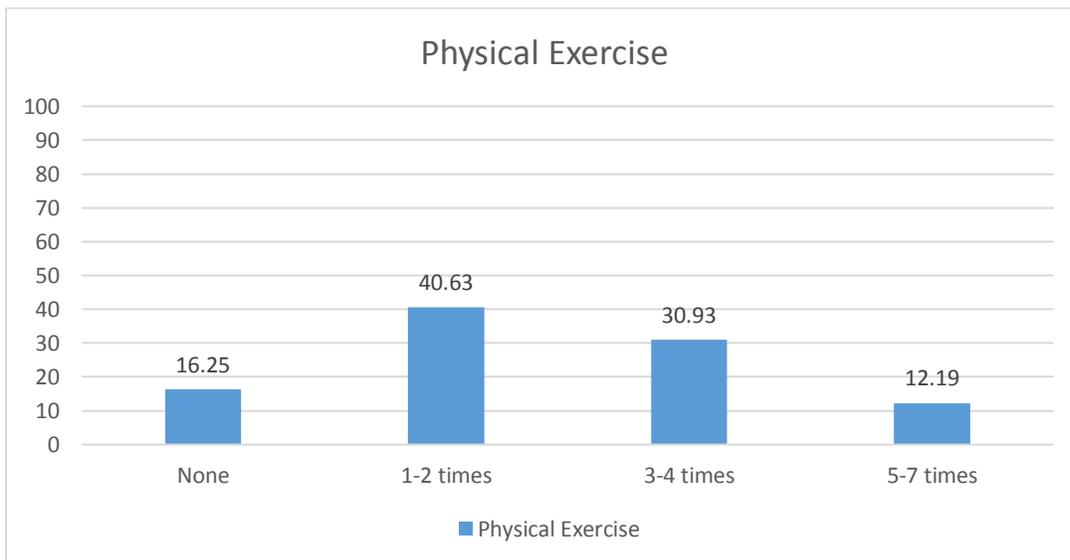
Of the 453 responses to this question, 25 people (5.52%) answered “yes” and 428 (94.48%) said they had not had thoughts of suicide in the last 12 months.

NUTRITION/EXERCISE

Do you read food labels for nutrition information?

Over 3/4 of respondents (77.43%) said they did read food labels for nutrition information; 22.57% said they did not.

In the past week, how many times did you participate in physical activity for at least 30 minutes?



How many servings of fruits and vegetables do you eat each day?

The majority of respondents (67.04%) indicated they eat 1-2 servings of fruits and vegetables each day. Other responses included: none (3.61%), 3-4 (26.19%), and 5-7 (3.16%).

How many times a day do you eat chips, fried food, candy, or junk food? Responses were as follows:

None – 10.61% 1-2 times – 73.81% 3-4 times – 13.54% 5-7 times – 2.03%

How many sodas, diet sodas, or other sweetened beverages do you drink in a day?

None – 30.25% 1-2 times – 47.63% 3-4 times – 16.48% 5-7 times – 4.51% 8+ - 1.13%

How many time a week do you eat fast food?

None – 13.09% 1-2 times – 57.79% 3-4 times – 23.70% 5-7 times – 5.42%

FEMALE RESPONDENTS

Have you been pregnant in the last year?

Only 5.65 responded that they had been pregnant in the last year; 94.35% said they had not.

Were you diagnosed with gestational diabetes during any pregnancy?

The majority (94.54%) said they had not been diagnosed with gestational diabetes during any pregnancy; 5.46% said they had been.

Did you have a premature delivery with any pregnancy?

Fifty one women (16.94%) said they had a premature delivery with a pregnancy; 83.06% said they had not. Reasons for premature delivery included: high blood pressure, pre-eclampsia, placenta previa, twins, physician-induced labor, incompetent cervix, no fluid, birth defect/complications with baby, multiples, unable to stop labor, and unknown reasons.

Have you had a mammogram within the past year?

40.05% of women indicated they had had a mammogram within the past year. 59.95% said they had not. Reasons for not having had one included: not old enough (most responses), insurance doesn't cover mammograms, hospital cancelled but did not reschedule, haven't scheduled one yet, prior mastectomy, cost, no insurance, don't want one.

Have you had a PAP test within the past year?

54.57% said they had not had a PAP test within the past year; 45.43% said they had. Reasons for not having had one included: not old enough, previous hysterectomy, no insurance, cost, not due yet, no OB/GYN, is scheduled, no reason, my choice not to.

Do you feel you have access to affordable birth control?

The majority of women (88%) said they feel they have access to affordable birth control while 12% said they did not.

ALL RESPONDENTS

In the past 12 months did you receive a flu vaccine (either by shot or nasal mist)?

63.84% said they did receive flu vaccine in the past 12 months; 36.16% said they had not.

Have you had a tetanus booster within the past 10 years?

67.73% said they had received a tetanus booster within the past 10 years; 32.27% had not.

Have you ever had a pneumonia vaccine?

64.99% of respondents have never had a pneumonia vaccine; 35.01% have had a pneumonia vaccine.

Do you have children under the age of 18 living in your home?

Less than half (46.68%) of respondents indicated they had children under the age of 18 living in their home.

ABOUT YOUR CHILDREN

Do your children receive regular dental exams every six months?

The majority of respondents (80.98%) said their children do receive regular dental exams every six months.

Are your children's immunizations up-to-date?

Only three respondents (1.46%) said their children's immunizations were not up to date; 98.54% said their children's immunizations were up to date.

Do you have car seats and/or booster seats for your children?

Of those whose children still require them, 97.35% indicated they have car seats and/or booster seats for their children.

On average, how many fast food meals do your children have each week?

None – 10.24% 1-2 times – 60.98% 3-4 times – 25.37% 5-7 - 3.41%

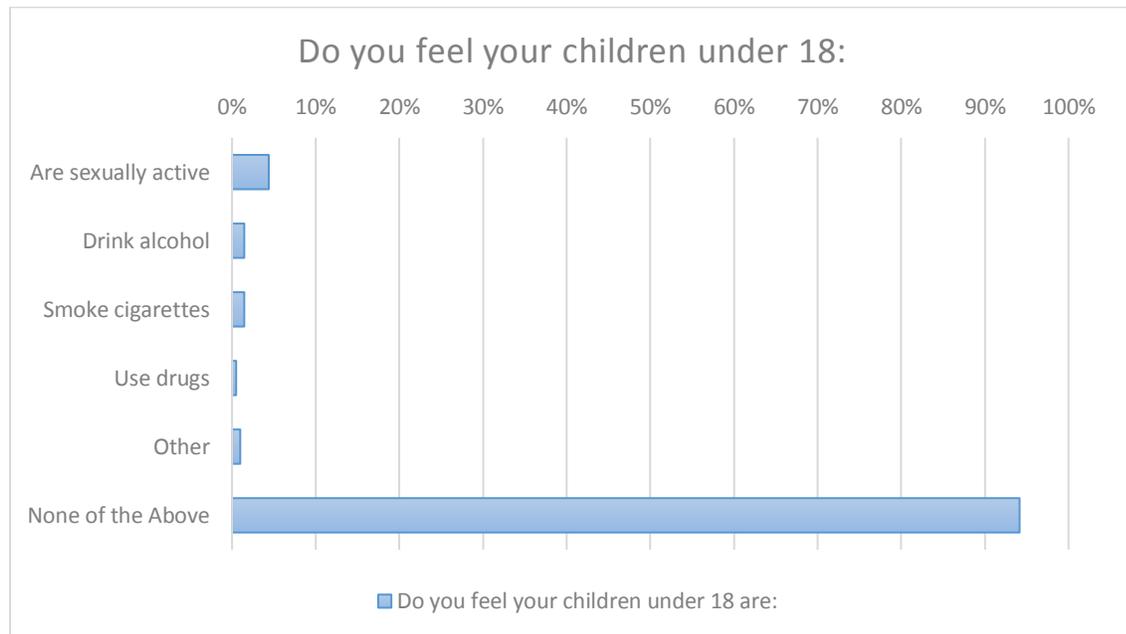
Has a doctor, nurse, or other health professional expressed concern over your child/children’s weight?

The majority (88.78%) answered “no” to this question. Of those who answered “yes”, 4.88% indicated the reason was “underweight”, 6.83% said the reason for concern was “overweight”.

Have any of your children been diagnosed with a mental health disorder including, but not limited to, anxiety disorders, ADHD, mood disorders, behavioral issues, or schizophrenia?

Just 20% indicated their children had been diagnosed with a mental health disorder; 80% had not.

Do you believe any of your children under the age of 18 (select all that apply):



SOCIAL

Do you currently smoke cigarettes or use other tobacco products?

17.48% of respondents indicated they smoke or use other tobacco products. The latest County Health Rankings show 26% of residents in Lawrence County smoke compared with the Ohio rate of 21%.

During the past 12 months, have you stopped smoking for 24 hours or longer because you were trying to quit smoking?

Just 32.74% of those who smoke have stopped smoking for 24 hours or longer because they were trying to quit smoking.

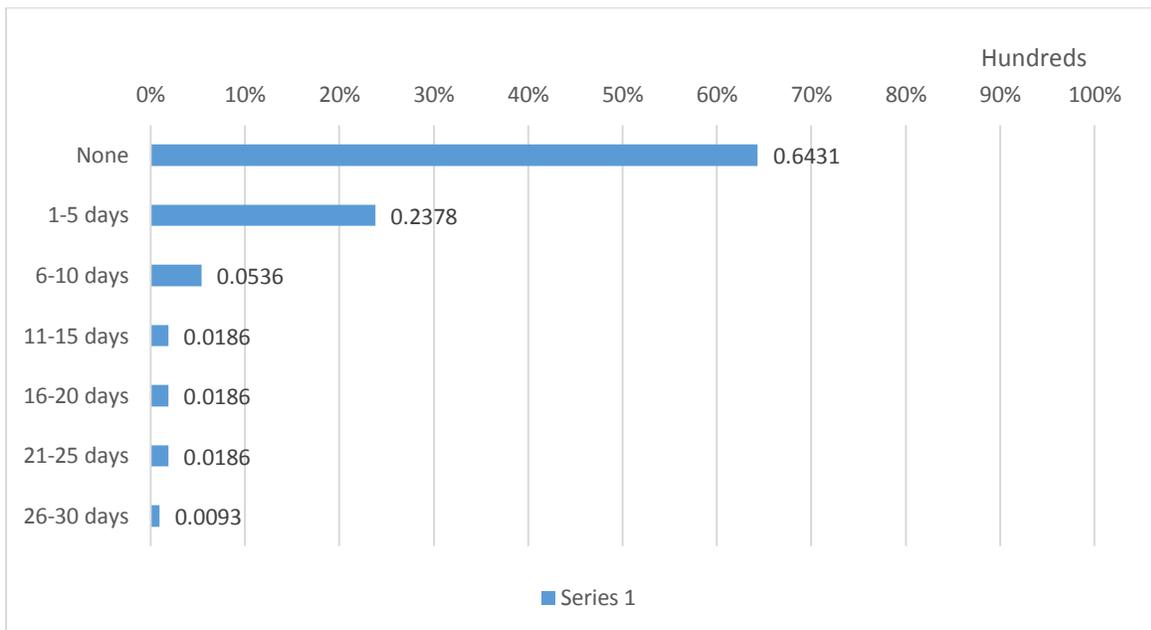
Do you currently smoke e-cigarettes or other nicotine vapor products?

Of all respondents, only 4.90% indicated they smoke e-cigarettes or other nicotine vapor products.

Have you ever used drugs, including prescription medications (pain medication or medicines for depression), to get high?

93.66% of respondents said they had not used drugs to get high.

During the past 30 days, how many days did you have one or more alcoholic beverages (can or bottle of beer, glass of wine, wine cooler, cocktail, or a shot of liquor)?



Do you consider yourself at risk of being infected with HIV or AIDS?

99.53% of respondents do not consider themselves at risk of being infected with HIV or AIDS; 0.47% do consider themselves at risk.

Are you aware that free, ANONYMOUS, rapid HIV testing is available in Lawrence County?

Most respondents (64.64%) were unaware that free, anonymous, rapid HIV testing is available in Lawrence County.

Do you gamble, including playing the lottery, on a regular basis?

Of the respondents, 6.81% gambled on a regular basis; 93.19% do not gamble on a regular basis.

During the past 12 months, have you become restless, irritable, or anxious when trying to stop/cut down on gambling?

Two people (0.48%) indicated they became restless, irritable, or anxious when trying to stop/cut down on gambling during the past 12 months.

During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?

Two people (0.48%) reported having tried to keep family or friends from knowing how much they gambled.

During the past 12 months, did you have such financial trouble that you had to get help from family or friends?

The majority (85.82%) of respondents indicated they did not have such financial trouble that they had to get help from family or friends.

In the last 30 days, did you text while driving a vehicle?

38.88% of respondents indicated they texted while driving a vehicle during the last 30 days.

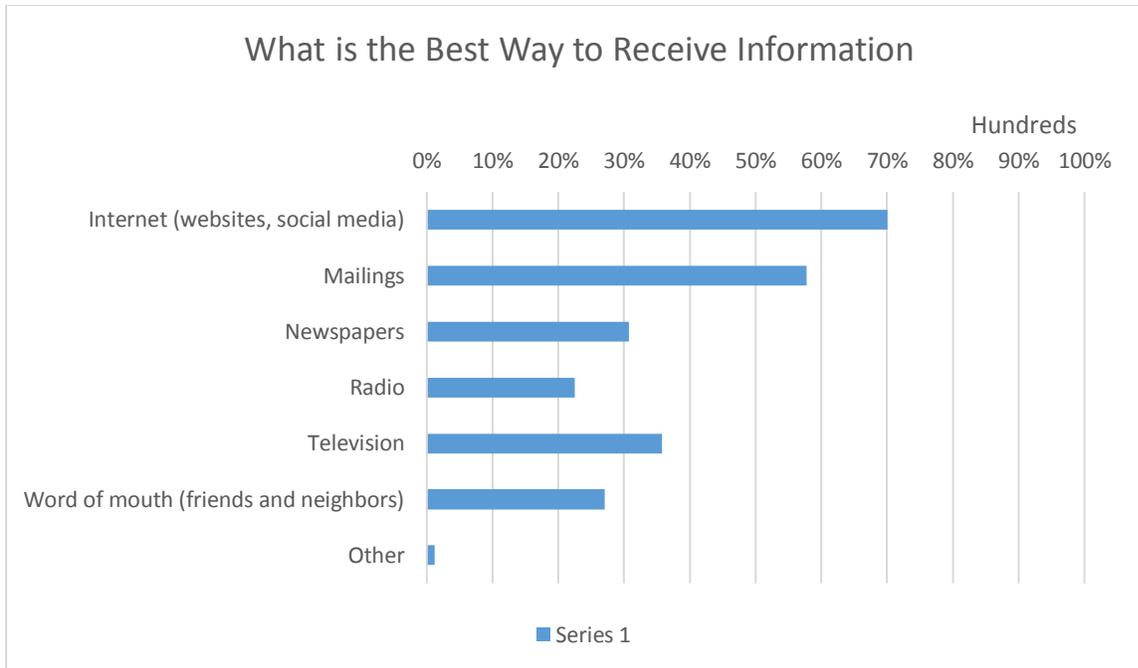
Does your family have an emergency plan in place?

Only 37.79% of respondents said they have an emergency plan in place for their families.

Do you have an emergency kit on hand with food, water, and other necessary supplies to last for 3 days?

73.18% of respondents do not have an emergency kit on hand with food, water, and other necessary supplies to last for three days.

What is the best way for the health department or other agencies to get information to you regarding community health issues?



Even though 1.20% listed “other”, there were no responses added in to note what they might be.

Lawrence County currently ranks 88th out of the 88 counties in Ohio for health outcome, and 88th for quality of life. What would YOU like to see offered in our community that might help improve our health and our numbers?

The following shows the most used words

Community Obesity Activities Weight Loss Jobs
 Assistance Walking Trail Parks Healthy Drug
 Centers Health Services Education
 Employment Clinics County School Doctors
 Programs Rural Areas Cost

